

# Extraction of Essential Oil from Locally Available Aromatic Plants and Formulation of Natural Perfume

Tilahun Gisila<sup>1\*</sup>, Amare Ayalew<sup>2</sup>, Minbale Gashu<sup>2</sup> and Samuel Begashaw<sup>1</sup>

<sup>1</sup>Department of Chemical Engineering, Debre Berhan University, Debre Berhan, Ethiopia

<sup>2</sup>Department of Chemistry, Debre Berhan University, Debre Berhan, Ethiopia

## Corresponding Author\*

Tilahun Gisila  
Department Chemical Engineering,  
Debre Berhan University,  
Debre Berhan, Ethiopia  
Email: tile2224@gmail.com

**Copyright:** © 2023 Gisila T, et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution and reproduction in any medium, provided the original author and source are credited.

**Received:** 10-March-2020, Manuscript No. NPCR-24-3593;  
**Editor assigned:** 13-March-2020, PreQC No. NPCR-24-3593 (PQ);  
**Reviewed:** 27-April-2020, QC No. NPCR-24-3593; **Revised:** 03-June-2024, Manuscript No. NPCR-24-3593 (R); **Published:** 30-June-2024, DOI: 10.35248/2329-6836.24.12.1.1-8

## Abstract

The aim of this study was to extract essential oil from selected medicinal and aromatic plant leaves and flowers for natural perfume formulation. Fragrant essential oils were extracted from *L. angustifolia*, *C. martini*, *R. officinalis*, *C. nardus*, *B. papyrifera*, *J. procera* and *T. schimperi* by using steam distillation and sohxlet extraction method and the essential oil yield was 1.3%, 1.04%, 0.91%, 0.83%, 5%, 2.3% and 1.17% (w/w) respectively. The GC-MS result of extracted essential oil analysis revealed there are different compounds in each of the plant extract essential oils that give fragrance scent. Some of the chemical compounds that are found in fragrant essential oil such as linalool, geraniol, citronellol,  $\alpha$ -pinene,  $\beta$ -pinene, citronellal and eucalyptol are the main chemical components of perfume scent. Formulation of perfume was done by using fragrance essential oil and ethyl alcohol as a solvent with different proportion of the fragrance oil combination. The panelist hedonic test result, showed that, the first chosen perfume contain, *L. angustifolia* as top note; *Cymbopogon martini* as a middle note and *Boswellia papyrifera* as a base note and the second were *Cymbopogon nardus* as top note; *Rosmarinus officinalis* as a middle note and *Boswellia papyrifera* as base note.

**Keywords:** Essential oil • Extraction • Formulation • Fragrance • Panelist • Perfume

## Introduction

The fragrance materials employed in perfumery have natural origin (animal or plant) and synthetic origin or artificial fragrant molecules called aroma chemicals however are chemically identical to their natural counterparts [1].

Essential oils are extracted from the whole aromatic plant or a part of it and although the method of extraction is very important to yield an essential oil capable of producing almost as the raw plant aroma. Perfume is a mixture of fragrant essential oils and aroma compounds, fixatives and solvents used to give the human body, objects and living spaces a pleasant smell. Since the beginning of recorded history, humans have tried to mask or improve their own odor by using perfume which emulates nature's pleasant smells. Perfumes are formulated by adding essential oils (concentrates) incorporated with ethanol and water and some fixatives. Although there is no single "correct" technique for the formulation of a perfume, there are general guidelines as to how a perfume can be constructed from a concept. Eau de perfumes are usually formulated in oils and

are normally clear and generally have an amber color due to the natural color of the oils. Perfume composed of 15%-30% aromatic compounds, 90%-95% alcohol and 5%-10% water.

A perfume is a unique mixture of top, middle and base notes designed to give a particular harmony scents. These three notes are categorized as the basics in a perfume. Top notes are small light molecules and make up 15%-25% of the fragrance. Some of top note fragrance source are: Lemon, lime, basil, bergamot, cardamom, clary sage, coriander, eucalyptus, grapefruit, junipers, lavender, lemon grass, mandarin, orange, pine, peppermint, tea tree and thyme. The middle note compounds form the "heart" or main body of a perfume and act to mask the often unpleasant initial impression of base notes which become more pleasant with time and make up of 30%-40% of the total fragrance. Some of natural fragrance used for middle note are cedar wood, cinnamon, clove, geranium, jasmine, marjoram, palma rosa, chamomile, rose. Base notes or bottom notes comprise of 40%-55% of the total fragrance and tend to be long lasting [2].

In Ethiopia there are enormous amount of aromatic plant species, but most of them have not been utilized for the production of valuable product in large production capacity. However they are consumed as traditional medicine and food additives. Some of the aromatic plants are used for only for gardening purpose only. This research open the way to utilization of locally available aromatic plants for preparation of natural perfumery air fresheners and cosmetics additives. According to Ethiopian revenue and custom authority, Ethiopia import perfume an average of 112,589.908 kg annually from different countries to satisfy the demand of the buyers [3].

## Materials and Methods

This research was done in Debre Berhan university, Ankober research center and chemistry department laboratory. Fresh *Cymbopogon nardus*, *Cymbopogon martini*, *Rosmarinus officinalis*, *Thymus schimperi*, *Lavandula angustifolia*, *Juniperus procera* (berries) *Foeniculum vulgare* were collected from Ankober nursery site and *Boswellia papyrifera* were purchased from Addis Ababa aromatic spices store. The collected plant materials were washed to remove unwanted dust material, crushed cut to smaller size to make easier for the extraction process and stored overnight in shade and essential oils were extracted by steam distillation. *Boswellia papyrifera* was extracted by solvent extraction (sohxlet extraction method) by using hexane as a solvent (Table 1) [4]. The percentage yield was calculated based on initial mass of a sample and mass of oil obtained using the formula as follows.

$$\text{Yield} = \frac{\text{Amount of essential oil (g)}}{\text{Amount of raw material used(g)}} \times 100\%$$

The chemical components found in essential oils were identified by the GC-MS analysis using HP 5890 series GC equipped with Mass Selective Detector (MSD), HP 5972 series (German) in Addis Ababa university, natural science campus.

The essential oils from flowers and leaves were separately blended together according to a formula given by Vankar Padma S. Ethanol (95%ABV) were added to the mixture to homogenize undissolved ingredients [5].

**Table 1.** Essential oil classification based on fragrance notes and perfume preparation.

No.	Top notes	Middle notes	Base note
1	<i>L. angustifolia</i>	<i>C. martini</i>	<i>B. papyrifera</i>
2	<i>C. nardus</i>	<i>R. officinalis</i>	<i>B. papyrifera</i>
3	<i>J. Procera</i>	<i>T. schimperi</i>	<i>B. papyrifera</i>
4	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>R. officinalis</i>	<i>B. papyrifera</i>
5	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> and <i>F. vulgare</i>	<i>B. papyrifera</i>
6	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> and <i>T. schimperi</i>	<i>B. papyrifera</i>
7	<i>L. angustifolia</i> , <i>C. nardus</i>	<i>C. martini</i> , and <i>F. vulgare</i>	<i>B. papyrifera</i>
8	<i>L. angustifolia</i> , <i>C. nardus</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>T. schimperi</i>	<i>B. papyrifera</i>
9	<i>L. angustifolia</i> , <i>C. nardus</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>F. vulgare</i>	<i>B. papyrifera</i>
10	<i>L. angustifolia</i> , <i>J. Procera</i> , <i>C. nardus</i>	<i>C. martini</i> , <i>T. schimperi</i>	<i>B. papyrifera</i>
<b>Prepared mixture with similar composition treated with 35°C</b>			
11	<i>L. angustifolia</i>	<i>C. Martini</i>	<i>B. papyrifera</i>
12	<i>C. nardus</i>	<i>R. officinalis</i>	<i>B. papyrifera</i>
13	<i>J. procera</i>	<i>T. schimperi</i>	<i>B. papyrifera</i>
14	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>R. officinalis</i>	<i>B. papyrifera</i>
15	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> , and <i>F. vulgare</i>	<i>B. papyrifera</i>
16	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> and <i>T. schimperi</i>	<i>B. papyrifera</i>
17	<i>L. angustifolia</i> , <i>C. nardus</i>	<i>C. martini</i> and <i>F. vulgare</i>	<i>B. papyrifera</i>
18	<i>L. angustifolia</i> , <i>C. nardus</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>T. schimperi</i>	<i>B. papyrifera</i>
19	<i>L. angustifolia</i> , <i>C. nardus</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>F. vulgare</i>	<i>B. papyrifera</i>
20	<i>L. angustifolia</i> , <i>J. Procera</i> , <i>C. nardus</i>	<i>C. martini</i> , <i>T. schimperi</i>	<i>B. papyrifera</i>
<b>Prepared mixture with similar composition treated with 45°C</b>			
21	<i>L. angustifolia</i>	<i>C. Martini</i>	<i>B. papyrifera</i>
22	<i>C. nardus</i>	<i>R. officinalis</i>	<i>B. papyrifera</i>
23	<i>J. procera</i>	<i>T. schimperi</i>	<i>B. papyrifera</i>
24	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>R. officinalis</i>	<i>B. papyrifera</i>
25	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> and <i>F. vulgare</i>	<i>B. papyrifera</i>
26	<i>L. angustifolia</i> and <i>J. Procera</i>	<i>C. martini</i> and <i>T. schimperi</i>	<i>B. papyrifera</i>
27	<i>L. angustifolia</i> , <i>C. nardus</i>	<i>C. martini</i> and <i>F. vulgare</i>	<i>B. papyrifera</i>
28	<i>L. angustifolia</i> , <i>C. nardus</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>T. schimperi</i>	<i>B. papyrifera</i>

29	<i>L. angustifolia</i> , <i>C. nardus</i> and <i>J. Procera</i>	<i>C. martini</i> , <i>F. vulgare</i>	<i>B. papyrifera</i>
30	<i>L. angustifolia</i> , <i>J. Procera</i> , <i>C. nardus</i>	<i>C. martini</i> , <i>T. schimperi</i>	<i>B. papyrifera</i>

The prepared perfume were poured into black bottle then it were placed in the dark area until hedonic test. Women panelists were selected and testing was performed using 21 panelists by asking

each panelist to smell formulated perfume sample and fill preference for each formulation. The assessment criteria of perfume formulation test were shown in table below (Table 2) [6].

**Table 2.** Perfume fragrance level criteria for panelist evaluation.

Number	Criteria	Score
1	Like very much	5
2	Like moderately	4
3	Like slightly	3
4	Neither like nor dislike (Less fragrant)	2
5	Dislike strongly	1

## Results and Discussion

### Essential oil yield

The result of essential oil content of *Lavandula angustifolia*, *Cymbopogon martini*, *Rosmarinus officinalis*, *Cymbopogon nardus*, *Boswellia Papyrifera*, *Juniperus procera* and *Thymus schimperi* is given in Table 3. Based on the fresh leaves mass basis the essential oil content of *Lavandula angustifolia* was 1.3% by mass. Sarkic and Stappen, reported that *Lavandula angustifolia* essential oil is a clear, colorless to pale yellow liquid with a characteristic odor which is extracted by steam distillation from the flowering tops of *Lavandula angustifolia*. The investigation done by Kara and Baydar, who compared four cultivars of *Lavandula angustifolia*, showed that content of oil was oscillated from 0.35% to 2.0%. While Zheljzkov, et al. reported lower content of essential oil 0.71%-1.30% in the dried lavender flowers. Seidler, et al. reported essential oil content of (3%) from dry *Lavandula angustifolia* flowers [7].

The essential oil content of *Cymbopogon martini* leaves was obtained 0.82% by wet mass basis. Padalia, et al., reported that essential oil yield of *Cymbopogon martini* was found to vary from 1.0%-1.4% in leaves. Clear and intense yellow brownish, pleasant smell essential oil (0.91% yield) was obtained from steam distillation of fresh *Rosmarinus officinalis*. 1.1%(w/w) oil yield with

hydro distillation was reported by Asressu and Tesema. Comparable essential oil yield (1.08% on fresh weight basis) was reported by Iram, et al.

Crushed and steam distilled *Juniper procera* berries oil yield was 2.3% by partially dry basis. The oil content of *Cymbopogon nardus* leaves was found to be 0.636% from fresh leaves. Lower essential oil yield (0.5%) was obtained from fresh leaves of *Cymbopogon nardus* (1000 g) with steam distillation apparatus for three hours. Jawonisi, reported 1.03% and maximum yield of (*Cymbopogon nardus*) which was 1.37% (w/w) was reported by Nour, et al., based on a dry basis and the specific gravity value obtained 0.8960 is less than 1, indicating that the oil is less dense than water. This is further established by the boiling point of 74°C indicating that the oil is volatile and therefore composed of light molecular weight components. From steam distillation of fresh *Thymus schimperi* leaves 1.17 (w/w)% transparent, yellow or reddish brown pleasant essential oil was obtained. Mean content of *Thymus schimperi* oil yield oscillated between 1.12% wet leaves and 2.99% on the weight of the airdried leaves was reported. The essential oil yield of sohxlet extraction of *Boswellia papyrifera* was 5%. According to *Boswellia papyrifera* resin contains about 5%-9% essential oil, 65%-85% alcohol-soluble resin and the remaining 21%-22% is water soluble gum (polysaccharidic fraction and polymeric substances) [8].

**Table 3.** Essential oil content of selected aromatic plants.

Plant material	Obtained value (%)	Literatures value (%)
<i>Lavandula angustifolia</i>	1.3	0.35-2
<i>Cymbopogon martini</i>	1.04	1-1.4
<i>Rosmarinus officinalis</i>	0.91	1.1
<i>Juniperus procera</i>	2.3	-
<i>Cymbopogon nardus</i>	0.83	1.03
<i>Thymus schimperi</i>	1.17	1.12-2.99
<i>Boswellia papyrifera</i>	5	5-9

### Chemical composition of extracted essential oil

**Comparative chemical composition of *Lavandula angustifolia* oil:** The Table 4 shows that the chemical compounds in steam distillation

extracted *Lavandula angustifolia* essential oil are camphor (21.19%), 4-methyl-1-(1-methylethyl)-bicyclo (3.1.0) hex-2-ene (16.29%), endo-borneol (14.08%),  $\beta$ -pinene (9.22%) and (1R)-2, 6,6-

trimethylbicyclo(3.1.1)hept-2-ene (7.07%). According to Seidler, et al., lavender flowers contain essential oil and its components: Linalyl acetate (40%), linalool (30%), limonene,  $\alpha$ -ocymene, 1,8-cineole, camphor, l-terpineol, borneol, but also phenolic acids (rosmarinic acid), ursolic acid, coumarins (umbelliferone, herniarin) flavonoids and sterols. Also Soodabeh Saeidnia, et al. who evaluated aroma profile of lavender cultivated in Teheran, reported that the main compounds of lavender oil was linalool (31.0%), linalyl acetate (18.2%) and lavadulyl acetate (10.7%) [9].

According to Stashenko, Linalool is found in the essential oils of over 200 plant species, belonging to different families. For example, linalool and its ester form, linalyl acetate 2, are the lavender oil main constituents. Cal and Krzyzaniak, reported that in perfumery, linalool is a commonly used fragrant ingredient being a component of many perfumes top notes and being found in 60%-90% of cosmetic products. Essential oil and extracts derived from lavender flower are commonly used as cosmetics, fragrance industry, perfumes and hygiene products (Table 4) [10].

**Table 4.** Chemical composition of *Lavandula angustifolia* oil.

Compounds	RT (min)	Composition (%)
Camphor	13.919	21.19
4-methyl-1-(1-methylethyl)-bicyclo (3.1.0) hex-2-ene	9.221	16.29
endo-borneol	14.816	14.08
1,8-cineole	9.485	10
$\beta$ -Pinene	7.376	9.22
(1R)-2, 6, 6-trimethylbicyclo[3.1.1]hept-2-ene	6.07	7.07
$\beta$ -Myrcene	7.837	3.62
$\alpha$ -Terpeneol	15.861	3.48
1,2,4a,5,6,8a-hexahydro-4,7-dimethyl-1-(1-methylethyl)-naphthalene	29.483	3.37
3,7-dimethyl-1,6-octadien-3-ol	11.99	2.5
$\beta$ -Ocimene	9.583	1.93
$\beta$ -Phellandrene	7.273	1.82
Linalool	12.43	1.08
$\alpha$ -Bisabolol	35.961	
Total components composition identified		95.63

**Comparative chemical composition of *Cymbopogon martini* oil:**

The Table 5 shows that the compounds of *Cymbopogon martini* essential oil that is extracted by steam distillation process. GC-MS results show some components have high concentrations such as geraniol (40.89%); Tricyclo(2.2.1.0)(2,6)heptane, 1,3 Trimethyl (13.91%),  $\beta$ -Myrcene (9.34%), 2,4,6,octatriene,2,6 dimethyl (8.20%),  $\beta$ -ocimene (5.93%) and a minor concentration of hexadecanoic acid, bisabolone, 11-octa decenoic acid, methyl stearate, 4- undecanone, citral, citronellol, caryophyllene [11]. From the GC-MS analysis *C. martini* it is found that large composition of geraniol, this is supported by Mohamed Yousif, it is reported that *C. martini* has

geraniol (67%-85%) as the major component. Geraniol is naturally occurring terpenoid found in plants, is often used as a fragrance or ingredient in cosmetics and used as perfumery raw material for imparting rose like aroma in soaps and cosmetics products. *C. martini* is great prospects for producing quality essential oils and they have direct relevance to the perfumery industry with economic benefit to humankind. The ocimenes are monoterpenes found within a variety of plants and fruits.  $\alpha$ -ocimene and the two  $\beta$ -ocimenes differ in the position of the isolated double bond [12].

**Table 5.** Chemical composition of *Cymbopogon martini* essential oil.

Compound	RT	Composition (%)
Geraniol	11.3352	40.89
Tricyclo(2.2.1.0)(2,6)heptane, 1,3 trimethyl	12.5382	13.91
$\beta$ -Myrcene	6.196	9.34
2,4,6,octatriene,2,6 dimethyl	8.5281	8.2
$\beta$ -ocimene	7.1391	5.93

Hexadecanoic acid	18.975	5.3
Bisabolone	17.8362	3.93
11-Octa decenoic acid	22.0138	3.48
Methyl stearate	22.2712	3.18
4-Undecanone	11.182	2.3
Citral	11.7896	1.43
Citronellol	10.9065	1.15
Caryophyllene	12.636	0.96
Total components composition identified		96.52

**Comparative chemical composition of *Rosmarinus officinalis* oil:** Table 6 shows that the chemical composition of *Rosmarinus officinalis* essential oil extracted by steam distillation process. From the GC-MS results the main chemical compounds in *Rosmarinus officinalis* are  $\alpha$ -pinene (38%), eucalyptol (27.76%), caryophyllene (7.37%), bornanone (7.27%) and a minor components are  $\beta$ -pinene, D-limonene, endo-orneol, camphor, tricyclo(2.2.1.0(2,6))heptane, 1,3,3-trimethyl,  $\alpha$ -terpineol, bicyclo(3.1.1)hept-3-en-2-one, 4,6,6-trimethyl-, (1S), Humulene.

Sarkic and Stappen, reported that the main chemical compounds in rosemary essential oil are eucalyptol (19.4%) and  $\alpha$ -pinene (14.7%). Camphor (9.5%), bornyl acetate (9.1%), camphene (6.9%),  $\beta$ -pinene (6.7%),  $\beta$ -myrcene (5.8%), limonene (5.2%) and borneol (5.0%) are also found in the oil. According to Porte, et al., the major

constituents of the oil were camphor (26.0%), 1,8-cineole (22.1%), myrcene (12.4%) and  $\alpha$ -pinene (11.5%). Iram Ayoob, reported that the major compounds of the oil identified were  $\alpha$ -pinene (16.33%), 1,8-cineole (14.33%), camphor (22.01%), camphene (9.28%),  $\beta$ -pinene (5.97%),  $\beta$ -phellandrene (5.19%), bornyl acetate (4.59%), myrcene (4.31%), borneol (3.35%), terpinen-4-ol (1.11%),  $\alpha$ -terpineol (1.03%), verbenone (1.39%),  $\gamma$ -terpinene (1.04%), linalool (1.16%) and  $\beta$ -caryophyllene (2.88%). The major constituents reported are mostly monoterpenes, like  $\alpha$ -pinene, 1,8-cineole and camphor with variable amounts of camphene, myrcene, limonene, borneol, verbenone, bornyl acetate etc. Difference in the chemical composition of essential oil depends upon number of factors such as environmental conditions, location, elevation, harvesting period, storage conditions [13].

**Table 6.** Chemical composition of *Rosmarinus officinalis* oil.

Name	RT	Content (%)
$\alpha$ -Pinene	5.0921	38
Eucalyptol	7.0507	27.76
Caryophyllene	12.6348	7.37
Bornanone	9.8598	7.27
$\beta$ -Pinene	5.921	4.23
D-Limonene	6.7214	3.82
endo-Borneol	10.2057	3.46
Camphor	11.3342	2.31
Tricyclo(2.2.1.0(2,6))heptane, 1,3,3-trimethyl-	8.8186	1.79
$\alpha$ -Terpineol	10.3652	1.57
Bicyclo(3.1.1)hept-3-en-2- 4,6,6-trimethyl-, one, (1S)-	11.3804	1.52
Humulene	13.1316	0.9
Total components composition identified		99.1

**Comparative composition of *Juniperus procera* berries essential oil:** As shown on Table 7 the major chemical composition of *Juniperus procera* essential oil is  $\alpha$ -Pinene (85.68%) and Bicyclo(3.1.0)hexane, 4-methylene-1-(1-methylethyl) (13%). The leaf oil of *J. procera* is dominated by  $\alpha$ -pinene (22.3%), 3-carene (18.7%), trans-totarol (8.9%) and abietadiene (7.8%) as well as moderate levels (2%-4%) of elemol,  $\alpha$ -eudesmol, myrcene,  $\beta$ -phellandrene,  $\beta$ -pinene and terpinolene. Alpha-pinene is an organic compound of the

polyphenolic group terpene. It is a component of many aromatic plants. Liorens-molina, Vacas and Sabater, reported that the berries essential oil composition shows  $\alpha$ -pinene (55.7%-65.0%) and myrcene (16.6%-22.6%) were the main compounds in berries. According to Salamon, the juniper essential oil, in particular, is high in  $\alpha$ -pinene,  $\beta$ -myrcene,  $\beta$ -caryophyllene and terpinen-4-ol, which have very advantageous aroma therapeutic properties.

**Table 7.** Chemical composition of *Juniperus procera* berries essential oil.

Compound	RT	Composition (%)
$\alpha$ -Pinene	5.0974	85.68
Bicyclo(3.1.0)hexane, methylethyl-	4-methylene-1-(1- 5.9382	13.03
1,3,8-p-menthatriene	9.7879	1.28
Total components composition identified		99.99

**Comparative chemical composition of *Cymbopogon nardus* essential oil:** Table 8 shows that the components of *Cymbopogon nardus* essential oil that is extracted by steam distillation process. GC/MS results show more than eleven components citronellal (38.21%), citronellol (23.16%), 3-carene (14.26%), 2,6-octadiene, 2,6-dimethyl (6.75%), D-Limonene (4.93%), of which the most important ones are 7-octenal, 3,7-dimethyl, citronellol and 3-carene. According to Wibowo, et al., major constituents of the essential oil were citronella (26.27%),  $\delta$ -cadinene (6.97%), methyl Isoeugenol (5.87%), caryophyllene (5.87%), geranyl butyrate (5.6%), geranyl acetate (4.41%), citronellyl propionate (4.97%). They are present at high concentrations in the oil and are responsible for perfume formulation. These are the substances to create the special scent of *Cymbopogon nardus* and the applications are in the production technology of cosmetics and perfume. Citronellol is a fragrance ingredient used in decorative cosmetics, fine fragrances, shampoos,

toilet soaps and other toiletries as well as in noncosmetic products such as household cleaners and detergents. Delta 3 carene is terpene carrying a sweet and earthy aroma with piney undertones. Also found in rosemary, basil, bell pepper, cedar and turpentine, delta 3 carene is used in cosmetics, perfumes and is widely considered a natural antihistamine.

The scent of citronella oil (*Cymbopogon nardus*) is known to blend well with all citrus essential oils, such as lemon and bergamot, as well as with cedar wood, clary sage, eucalyptus, geranium, lavender, peppermint, pine, rosemary, sandalwood and tea tree essential oils. Used cosmetically or topically in general, citronella essential oil can deodorize and refresh foul body odors by inhibiting the growth of odor-causing bacteria, which makes it an ideal ingredient in natural perfumes, deodorants, body sprays and bath blends.

**Table 8.** Chemical composition of *Cymbopogon nardus* essential oil.

Compounds	RT	Composition (%)
Citronellal	9.615	38.21
Citronellol	10.902	23.16
$\delta$ -3-Carene	11.316	14.26
2,6-octadiene, 2,6-dimethyl-	12.074	6.75
D-Limonene	6.7257	4.93
Naphthalene, 1,2,3,5,6,8a-hexahydro-4,7-dimethyl-1-(1-methylethyl)-, (1S-cis)-	13.765	3.60
(+)-3-Carene	12.533	2.60
Guaia-1(10),11-diene	15.101	2.21
Cyclohexane,1-ethenyl-1-methyl-2,4-bis(1-methylethenyl)-, (1S-(1.alpha.,2.beta.,4.beta.))-	12.1756	2.08
Naphthalene, 1,2,4a,5,6,8a-hexahydro-4,7-dimethyl-1-(1-methylethyl)-	13.498	1.21
beta.-copaene	12.465	0.98
Total components composition identified		99.99

**Comparative chemical composition of *Thymus schimperi* essential oil:** Table 9 shows GC-MS result of the *T. schimperi* oil obtained from Ankober resulted in the identification of 9 compounds. The main chemical compounds found in *T. schimperi* were o-thymol (58.21%),  $\gamma$ -Terpinene (23.75%), Thymol (3.42%), 3-Octanol (5.3%),  $\alpha$ -terpinene (3.2%) and p-

cymene (2.87%). According to Dagne and Bisrat, it was reported that oil obtained from Addis Ababa was rich in Carvacrol (66.2%) and  $\gamma$ -Terpinene (13.2%).

**Table 9.** Chemical composition of *Thymus schimperi* oil.

Compounds	RT	Composition (%)
o-Thymol	22.018	58.21
γ-Terpinene	11.060	23.75
Thymol	21.354	3.42
3-Octanol	10.352	5.3
α-Terpinene	16.725	3.2
p-Cymene	9.704	2.87
Endo-borneol	15.563	0.90
Caryophyllene	26.349	0.91
Total components composition identified		98.2

**Comparative chemical composition of *Boswellia papyrifera* essential oil:** As showed on Table 10 hexane extracted essential oil composition of oleo gum resins of *B. papyrifera* were (1S,2R,5E,9E, 12R)-12-Isopropyl-1,5,9-trimethyl-15-oxabicyclo(10.2.1) pentadeca5,9-dien-2-ol (53.%) and 2-cyclohexen-1-one, 3-methyl-6-(1 methylethylidene) (46.95%). According to Bekana, et al., the essential oil of *B. papyrifera* is mainly characterized by the presence of octyl acetate (57.1%-65.7%) and n-octanol (3.4%-8.8%).

Because of its noteworthy scent and use as an important fixative in perfumes, soaps, creams, lotions and detergents, the perfume and cosmetic industry has considerable interest in the production of frankincense. Methanol extract of *B. papyrifera* resin collected from Humera area revealed components with retention time of 20.87, 24.83, 24.95 and 26.25 min which were identified as incensyl acetate, β-amyrenone, β-amyrin and α-amyrin, respectively.

**Table 10.** Chemical composition of *Boswellia papyrifera* essential oil.

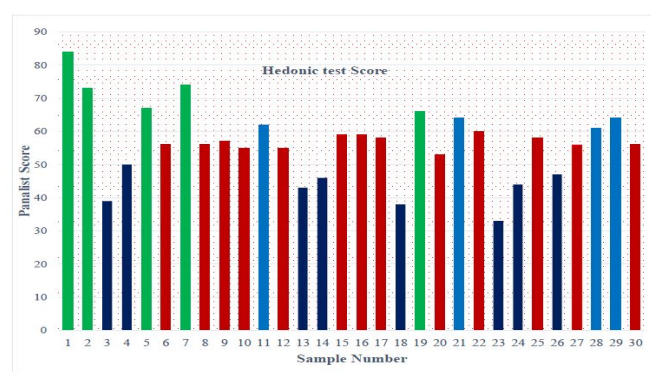
Compounds	RT	Composition (%)
(1S,2R,5E,9E,12R)-12-Isopropyl-1,5,9-trimethyl-15-oxabicyclo(10.2.1)pentadeca-5,9-dien-2-ol	24.4437	53.0463
2-Cyclohexen-1-one,3-methyl-6-(1 methylethylidene)-	23.9118	46.9537
Total components composition identified		99.95

### Perfume formulation and Hedonic test

In this study, an effort was made to prepare perfumes using seven fragrance essential oil and alcohol as a solvent with different mixture proportion of the fragrance oil. Ethanol was used as a solvent for all perfume samples preparation. The prepared samples were prepared by mixing the extracted eight fragrant oils, thirty different perfume samples with 15 ml volume, at room temperature, at 35°C and at 45°C were analyzed.

A perfume is valued both for its appearance and its fragrance. Perfumes come in many colors, including clear, gold and brown. These colors are a consequence of the natural ingredients used to create the perfume. Since exposure to heat adversely affected each of these characteristics, hot temperatures can decrease a perfume's value. Excess heat can alter the top notes of a perfume. Hot temperatures can cause a perfume's color to darken or to become more cloudy and opaque.

According to Mandavgane, et al., alcohol base samples exhibited good perfumery properties. The prepared perfume samples were tested on human skin. After establishing the perfume formulations the prepared samples were presented about the products and an assessment was done based on each participant preferences of perfume aroma. The samples were given to a group of people of different age, gender and social status and feedback was collected by the prepared hedonic test about the aroma (Figure 1).

**Figure 1.** Panelists evaluation score of prepared perfume samples.

From the panelist hedonic test result, statistically the formulas with greater preference are formulation number 1,2,5,7 and 19. As showed in Figure 1, ingredients of sample number 1 were *Lavandula angustifolia* as top note; *Cymbopogon martini* as a middle note and *Boswellia papyrifera* as a base note. Ingredients of sample 2 were *Cymbopogon nardus* as top note; *Rosmarinus officinalis* as a middle note and *Boswellia papyrifera* as base note. The third sample was sample number 5 and the ingredients were *Lavandula angustifolia* and *Juniperus procera* as a top note, *Cymbopogon martini* and *Foeniculum vulgare* as middle note and *Boswellia papyrifera* as a base note. This indicates that the aroma of the above fragrance essential oils are pleasant.

For this reason, preference is given to formula that contain *Lavandula angustifolia* and *Cymbopogon nardus* as top note; *Cymbopogon martini* and *Rosmarinus officinalis* as a middle note and *Boswellia papyrifera* as a base note.

Lower value of panelist response was given for sample number 23, 3 and 18. The ingredients of these samples were *Juniperus procera*, *Cymbopogon nardus* and *Lavandula angustifolia* as a base note; *Thymus schimperi* as a middle note and *Boswellia Papyrifera* as a base note. The samples which has lower response value contained *Thymus schimperi* essential oil and this indicates that the presence of this essential oil has negative effect on the scent of the perfume because thymus schimperi take over the other essential oil aromas and create strong spicy scent, that is not satisfied the panelist judgment.

## Conclusion

Essential oils and their fragrance compounds are a very important part of perfume and cosmetic industry as they can serve as natural or natural-like chemical preservatives and at the same time, offer various benefits for skin and body. Additionally, these chemicals increase the value of cosmetic products due to their pleasant odor.

From this perfume formulation research, it is observed that the ancient technology of perfumery is pretty rich. By using seven fragrance essential oil and alcohol using the standard perfumes note percentage and different combination of the ingredient, thirty different perfume samples were prepared using eight raw materials. The technology is cheap and easy. This is a successful attempt to explore the possibility and feasibility of perfume manufacturing using plant leaves and flowers fragrance essential oil. The panelist gave a satisfactory response for perfume samples that contain *Lavandula angustifolia* and *Cymbopogon nardus* as top note; *Cymbopogon martini* and *Rosmarinus officinalis* as a middle note and *Boswellia papyrifera* as a base note.

## Acknowledgment

We are grateful to express our deepest thank for Debre Berhan university research and community service directorate for funding the research. Our gratitude also goes to Dr. Minbale Gashu and Dr. Amare Ayalew and manuscript reviewers for their constructive comments and thoughtful suggestions on the manuscript.

## Conflict of Interest

We declare that we have no competing interests.

## References

- Adams, R., P. "Juniperus Procera of East Africa: Volatile leaf oil composition and putative relationship to *J. excelsa*." *Biochem Syst Ecol.* 18.4 (1990):207-210. 1.
- Al-Bayati, A., D., J. "Comparative study for the effect of fixative material type and perfume formulation parameters on the fixation time of local formulated perfume with brand perfumes." *J Eng Technol.* 3.3 (2016):636-647.
- Dominic, A., J., et al. "Optimization of factors influencing solvent extraction of Frankincense using Taguchi's method." *Asian J Appl Sci.* 2.2 (2018):1079-1084.
- Olayemi, R., F., Jawonisi, I., O. and Samuel, J., A. "Characterization and physico-chemical analysis of essential oil of *Cymbopogon citratus* leaves." *Bayero J Pure Appl Sci.* 11.1 (2018):74-81.
- Kara, N., and Baydar, H. "Determination of lavender and lavandin cultivars (*Lavandula* sp.) containing high quality essential oil in Isparta, Turkey." *Turk J Field Crops.* 18.1 (2013):58-65.
- Cal, K., and Krzyzaniak, M. "Stratum corneum absorption and retention of linalool and terpinen-4-ol applied as gel or oily solution in humans." *J Dermatol Sci.* 42.3 (2006):265-267.
- Vacas, S., Llorens-Molina, J., A., and Sabater, J. "Essential oil composition of berries and leaves of *Juniperus oxycedrus* ssp. *oxycedrus* L. from two typical substrates of Valencia (Spain)." *Nat Volatiles Essent Oils.* 3.1 (2016):23-30.
- Ranitha, M., et al. "A comparative study of lemongrass (*Cymbopogon citratus*) essential oil extracted by Microwave-Assisted Hydrodistillation (MAHD) and conventional Hydrodistillation (HD) method." *Int J Chem Eng Appl.* 5.2 (2014): 104.
- Marzec, M., C., Polakowski, R., C., and Kolodziej, B. "Evaluation of essential oil content, its chemical composition and price of thyme (*Thymus vulgaris* L.) raw material available in Poland." *Herba Polonica.* 56.3 (2010).
- Padalia, R., C., et al. "Chemical fingerprinting of the fragrance volatiles of nineteen Indian cultivars of cymbopogon spreng (*Poaceae*)." *Rec Nat Prod.* 5.4 (2011):290.
- Porte, A., et al. "Essential oil of *Rosmarinus officinalis* L.(Rosemary) from Rio de Janeiro, Brazil." *J Ess Oil Res.* 12.5 (2000):577-580.
- Seidler-Lozykowska, K., et al. "Yielding and quality of lavender flowers (*Lavandula angustifolia* Mill.) from organic cultivation." *Acta Scientiarum Polonorum.* 13.6 (2014).
- Wibowo, D., P., et al. "Chemical composition, antioxidant and antibacterial activities of the essential oils of medicinal plant *Cymbopogon nardus* from Lembang West Java." *Res J Chem Env.* 22.1 (2018):1-4.