32nd European Diabetes Congress

16th International Conference on Childhood Obesity & Nutrition

February 22-23, 2023

Webinar

Gowhar Ahmad, J Diabetes Metab 2023, Volume 14

Squint causes types management and scenario of bilateral medial rectii recessions as a surgical modalities for bilateral alternating infantile esotropia in cases of six months old male twins

Gowhar Ahmad University of Kashmir, India

C quint is a very common Occular condition characterized by abnormal occular deviations with absence $oldsymbol{O}$ of normal occular paralesum and paucity of binocular vision which is kind of Simultaneous perception, Simultaneous fusion and stereopsis. Main aim of squint management is not only to correct the abnormal occular deviation but to ensure normal' visual status. For this early and prompt diagnosis and management is very important so it is very important for every parent to seek the advice of pediatric ophthalmologist if they observe any abnormal occular deviations of their kids. In past in underdeveloped Asian countries squint was considered to be a kind of stigma especially in girls, So by the time they were shown to ophthalmologist amblyopia had already been in action so treatment was only cosmetic squint correction. However at present with better education and awareness prognosis of squint is very good. Since we have different Ophthalmic subspecialists 3 basic things have to be done in every case of squint VA assessment, Mydriatic refraction and fundus examination because we have some occular conditions like Retinoblastoma and coats disease which cause squint Can be commitant in commutant, Accommodative non accommodative, Paralytic non paralytic, bilateral alternating infantile esotropia, Paralytic squint presents as diminishing of vision impairment of occular movements diplopia turning the head towards the direction of action of paralysed muscle. Primary deviation is greater than sec deviation false orientation false perception abnormal head tilt ocular torticollis vertigo, bilateral alternating infantile, ESOTROPIA presents as Crossed fixation, uncrossed fixation, Broad angle, Av pattern. Covering the dominant eye will make child to cry. 6 months old male twins were seen by me in my clinic some time ago with parents having noticed bilateral inward occular deviations of both eyes both twins full term normally delivered make twins no history of exposure to oxygen or jaundice no other Cong abnormalities. In exam both twins had bilateral alternating infantile esotropia of 20 to 25 degrees, VA assessment mydriatic refraction and fundus examination was normal. So under BILTERAL 5 mm medial recti recessions was done. Since we do not cut muscles so this procedure not only ensures a good correction of angle of squint but eye reaction is minimal.

32nd European Diabetes Congress

16th International Conference on Childhood Obesity & Nutrition

February 22-23, 2023

Webinar

Biography

Gowhar Ahmad is Sr. Consultant Ophthalmologist, Florence hospital, Chanapora Srinagar Kashmir, India. He has done MBBS MS ophthalmology fellowship in pediatric ophthalmology from Moorfields Eye Hospital, London, fellowship in oculoplasty and neurophthmology from King Khaled Eye Specialist Hospital-Riyadh, Saudi Arabia. He has more than 40 years of experience in the field of ophthalmology. He is a National and international speaker, has many international publications on JOJO and MSOR posted more than 17000 and b1700 articles on Docplexus and LinkedIn respectively till dat. He is an influencer on Curofy, Icon Curofy of year 2021. He is an Editor in chief international journal of scientific research, member scientific committee of world congress of clinical pediatrics and neonatology member, scientific committee of world congress of d m and pediatric endocrinology, member international journal of ophthalmology and advanced research, reviewer researcher and board member of many international journals has attended many international webinars as speaker member KOS Ophthalmic society.

Received: November 22, 2022; Accepted: November 24, 2022; Published: February 22, 2023