

Joint event on

**2ND ANNUAL CONGRESS ON DIABETES AND ITS COMPLICATIONS &
8TH ANNUAL CONGRESS ON PROBIOTICS, FUNCTIONAL FOODS & NUTRACEUTICALS****March 25-26, 2019 Hong Kong****Obesity, Inherited homosexuality and LGBT healthcare****Cheryl Wang**

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One major pathogenesis of obesity is the unbalanced hormones, too much stress hormone steroid and/or not enough “anti-obese” happy hormones, endorphin, serotonin, dopamine, and oxytocin, too much estrogen and/or too less testosterone. Any sexual orientation is normal. Sexual orientation is X-linked and Y-linked traits, inherited by next generations. It is like this, female homosexual XAXA, female bisexual XAXa, female straight XaXa, male bisexual XAYA, male homosexual (manly type) XAYa, male homosexual (girlish type) XaYA, male straight XaYa. The presentation and degree of homosexuality varies in many ways, and at different stages of lifespan, as these hormones and our genetic makeup change. So is fat deposition. More estrogen and/or less testosterone are associated with fat ass. Fat ass may be an easy way to identify stronger homosexuality. If everybody loves his/her love, it may be better balanced. Yet, the reality is the reality. LGBT healthcare remains far behind. As an unresolved frustration, closeted homosexuality causes a series of health problems, obesity, tobacco/alcohol/substance abuse, and mental/psychiatric disorders. Incautious sexual practice causes sexual transmitted diseases (STDs) like AIDS. Social problems like inequality opportunities among minorities happen often. It brought huge challenge for management. Better acceptance and recognition from learning in a variety way, information merged into clinical visits through smartphone apps and electronic medical record system (ERMS), barrier protection in sexual practice, positive attitude in daily life, team network of physicians, psychiatrists, psychologists, pharmacists, activists, and communities, with loving hearts. Start local, go global, don't ever shut the door.

Biography

Cheryl Wang has earned her MD from Binzhou Medical College, MSc from Shanghai Jiaotong University and PhD from PLA Medical College. She did Internal Medicine Residency, trained as an Endocrinologist in Donying People's Hospital, China and did Surgery Residency at Mount Sinai and Rutgers in the United States. She had unique expertise at obesity and diabetes.

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